

Association of Residence Hall Students

Council Meeting for Monday October 30th, 2017



Call to Order 6:19pm

Laura Daly, President
Kayla Olowin, Vice President
Tucker Antico, Director of Finance
Brendan Maguire, Director of Records
Anila Anthony, PHRA President
Joe Cortez, PHRA Rep
Emma Kurtis, PHRA Rep
Hannah Yost, SHRA President & Student Health and Wellness Chair
Jessica Shuey, SHRA VP
Joelle Smith, SHRA Rep
Brian Kile, PHRA VP & NRHH President
Laekin O'Hara, NCC
Akhil Dharmavaram, Web-design
Matt Beyen, ARHS Cinemas & NRHH Liaison
Cameron Francis, WHRA President
Julia Bollinger, WHRA VP
Logan O'Hara, WHRA Rep
Megan Mercurio, NHAS President
Rayna Klingensmith, NHAS VP
Nathaniel Waksman, NHAS Rep
Stephen Day, ENHAS President
Andrew, ENHAS VP
Angie, ENHAS Rep
David Carcamo, IPC Chair
Paige Fox, Panhellenic Liaison
Mitch Rosen, Movin' On Liaison
Lisa Wandel, Director of Residential Housing
Andy McDade, OCM
Mark Rameker, Co-Advisor
John Hurst, Co-Advisor
Dan, East Halls Coordinator

Roll Call: Favorite halloween costume you've worn in the past?

Guest of the Week

- Lisa Wandel, Director of Residential Dining
 - **Waste Audits in Each Area**
 - West Food District: 3.43 ounces per person, 1.3 increase
 - South Food District 1.97 ounces per person, 1.98 last year
 - North Food District: 3.09 ounces per person, 1.20 last year
 - Pollock Food District: 2.67 ounces per person, 3.00 last year
 - East Food District: 5.3 ounces per person
 - Reasons: Too large of serving sizes, salads being thrown out, too much of a rush in the line, not enough food choices, breakfast isn't big enough, feeling pressured to eat healthy & getting unwanted vegetables, not enough cultural choices
 - Now planning a Waste Awareness Campaign: Looking for suggestions on how to reduce waste

- Laekin O'Hara: Is it just food being thrown out for food being thrown in the front? Or the back too (back of house kitchen)?
- Lisa: We're talking about things that really don't need to be wasted. If the food hasn't come out to the serving line yet, we can save it. We can grind up burgers for example for chili, tacos, etc. We can use left over lunch for dinner. Some things we can't because of food safety. Anything sitting on the line can't be reused, salad lines can't be reused. These audits are just the front of the house.
- Laura: Why did North go from 1 something to 3?
- Rayna: We got an entire new dorm with freshman, so it's probably that.
- Lisa W: I would agree with that. Portion sizes, if you think about it, some things you can make smaller. We've gone with sliders, but some things we can't make too small because when you cook it it turns into a hockey puck. Some things just don't work that way. In my mind, I think of a dining commons like a hotel buffet. We're not there yet because it takes more labor, but it's constantly thinking about how we can get the portions smaller. Another idea is having samples upfront, trying the samples and then getting what you like. But the reality is that wouldn't really work and doesn't make sense. I worry there is an entitlement component to it. I own it, I paid for it, I can throw away what I want. But it's not really about that. It's about sustainability.
- Matt B: You mentioned Pollock had a drop in waste, just looking at that and the other areas, are there any things that have changed in the kitchen that can be applied to other areas?
- Lisa W: I don't think we have enough to say there's definitely something going on there. Another idea is going trayless. Prior to the east renovation, we went trayless and the waste audits came back higher than where we use trays. So I think then, why can't it be education? A mind set? Why not, We're Penn State? We're going to be affordable, sustainable.
- Hannah Y: If I remember correctly, you said South was at the lower end, do you think it's because of all the a la carte options?
- Lisa W: We only counted the buffet. We would love for students to
- Laekin O: I know in South it's self-served and in west you're served, do you think that's a difference?
- Lisa W: That's a really good point. Trying to train employees to not give out a lot of food is hard. They're thinking about customer service, but it's not the way it goes.
- Anila A: Maybe South has less options?
- Lisa W: You're right, it doesn't have as many stations as other commons.
- Logan O: DO you usually see an increase in the amount of waste during the beginning of the year?
- Lisa W: We go through a lot more food, a lot more in the back of the house, because students are trying everything.
- Logan O: So do you believe it'll even out?
- Lisa W: It does, but not a lot.
- Paige Fox: Are these numbers consistent with other Big 10 schools this size? Or are they higher or lower?
- Lisa W: I don't know, we'd have to look into that and let Laura or Kayla know.

○ **Pure: Kosher Dining in East**

- Lisa: We opened it this past fall and we're not open during lunch. We don't have a maschia who can be there for those hours. With kosher, you have to have a maschia and we pay a contract in order to make that happen. In East, our slowest meal

periods are Friday & Saturday. Sunday brunch is the biggest. So we thought having the maschia Sunday-Thursday makes the most sense. At pure, our maschia is the only one who has the key to that station. We had to add on a door to the back, a pot sink to wash everything there, add an office for him and a lock. They prepare for dinner that day. Not only is the production of the food made there, but the inspection is done there as well. For example, he will inspect the salad for insects multiple times. If after multiple-washes the insects are still there, the salad will move to the other lines. Where we see challenges, if we want to attract kosher diet students, what are they going to do for lunch? For breakfast? So before the last holiday, we prepped them and served them in Deli Market East. So our students could get a packaged meal from Pure.

- Laura: How did what you prepared sell?
- Lisa: We sold out of them, but we don't know if they were jewish students or other students who thought the salad looked great. We don't have an accurate estimation of the students who go to Pure that are kosher. One indication is, if they were pure kosher, they would not use our silverware. They would use disposable silverware. We have about 20-30 students take those per week. We go through about 600 disposable plates a week. Some students who have food allergies love Pure. They don't have to call ahead to order food, microwave pizzas, etc. Of course, we're only dealing with the 9-common allergies in those scenarios. We also added pasta. Kosher-certified gluten-free pasta. A lot of students go over for that alone. I think the food is really good, it's fresh, the students like the menu. It has some comfort food like fried chicken. We're working for a 2 week cycle in the Spring. Residence Life will help us, we need to assess how it's going, they'll be working with us later in the year. I don't think we're going to get a real good feel of Pure until the second year. Because students who were jewish and 100% kosher already went somewhere else. Now that they know this exists and it was heavily advertised, we expect that to change. Local rabbis will come in one time a week. Most restaurants in State College aren't kosher free.
- Rayna: Whenever I was there earlier in the year, there weren't cards up with the ingredients, has that changed now?
- Lisa W: Yes, there are cards there. You should still reach out to one of our red-shirt dieticians so they can give you the menu and you know when it's being served.
- Logan O: Are there issues with people who are choosing that diet versus people that need it when it comes to production?
- Lisa W: Anyone can come at any time, there's plenty of food for everybody, and we typically know how much food we need to prepare for each day of the week. Occasionally we run out of a product, but we can replace it with something else. Usually there is things left at the end of the night and it could be given out the next night.
- Logan O: Have you performed a waste audit on Pure?
- Lisa W: There's no way to do that.
- **More Protein in the Dining Commons requested by Muslim Students**
 - Lisa W: We added a chillal station in North, but they said it was too far. So we thought wouldn't it be great if we added hillal chicken breast. But it was way too expensive. However, chicken thighs are a lot less expensive. We invited muslim students to come and eat last Spring and Summer and they gave it a thumbs up. CHillal thighs have been going 2:1 versus regular thighs. At Pollock, if you have a charbroiler, it goes so much better than a flat-top.
- **Edge Cups in East**

- Anila Anthony: I think a lot of students, in the fall, told me that they told me it was free? That it was a gift students received from Penn State for coming here. So maybe we can advertise that it's a gift from parents?
- Andy McDade: We used to do that and we'll highlight it more in upcoming letters. But some packages are free. The packages that come wrapped up and not in the box are free. What we found out is that these free orders generate more orders.
- Anila Anthony: Also a lot of kids don't know where the student government offices are, so could you send out a floor plan or something in the email?
- Andy McDade: We send out the floor number and building, but that's a good idea. We can look into something like that.

Open Student Forum

- Brian Shumaker, National Type-1 Diabetes Month
 - Requesting a cap for \$2,000 for the t-shirts. Approximately 200 t-shirts. 170 given out, the rest would be for volunteers. Blue t-shirts for people, grey t-shirts for volunteers. The design of the t-shirt is in the groupme. The other t-shirt would be opposite colors. (Will be attached in minutes). So I talked to the Diabetes group and they'd be happy to partner with us. The idea I had is to give out the rubber bracelets already ordered from 10-4 in the hub and then 6-7:30 in the areas. For us, it would be similar to the domestic violence awareness event. Based on the location, there'd be a plate of food and people would have to guess how much carbohydrates are in the food. Whoever was closest to being right would win a t-shirt. Type 1 Diabetes have to counter carbohydrates with insulin.
 - Nathaniel: How hard would it be to win the shirt? I know people in the hub, you usually just have people walking by and it's hard to say you can't get a t-shirt because you didn't guess something. So is it carbohydrates? Or the molecules?
 - Rayna: Maybe have options, like A/B/C for people to guess?
 - Laura: I think that's a great idea. I wouldn't be able to look at food and guess out of nothing.
 - Anila: So we just had the breast cancer awareness event, maybe you can check how many t-shirts they gave out to see how many we should order?

Liaison Reports

- **Movin' On - Mitch Rosen** (mdr5000@psu.edu)
 - Next week I'm coming with Katie Mishler and others for the budget request
 - Working on putting the line-up together
 - Need to find out dates Movin On' are having in the hub so we can coordinate
 - Core Committee was announced and Promo Apps are open until Friday
- **National Residence Hall Honorary (NRHH) - Matt Beyen** (mdb5548@psu.edu)
 - Nominations are out so submit them now
 - Discussed upcoming events
- **Panhellenic Council - Paige Fox** (pef5050@psu.edu)
 - Nothing to report
- **University Park Undergraduate Association (UPUA) - Jessica Mingle** (jfm5509@psu.edu)
 - Nothing to report

Adviser Report

- **Mark Rameker** (mjr22@psu.edu), **John Hurst** (jeH9@psu.edu)
 - John Hurst: FOTIS Scholarship: FOTIS Application site.. Two requirements: superior academic success and service to the residence halls. I can think of at least 6 people in this room who would be great for this. It's about \$2,000 this semester and we tend to break it up among applicants. It was endowed by ARHS and continues to grow each year. Take some time and look into applying.
 - Anila: Is there a GPA requirement?

- John H: No, however, they do ask you to submit your GPA.
- Cheyenne: If you're a freshman, where do you go about this?
- John H: There is no restriction on age, but I haven't thought about that.
- Mark: John brought some great snacks, so go get some during forum break!

Area Reports

- **East (EHRA) - Stephen Day** (scd5284@psu.edu)
 - Costume Contest Failed :(
 - Pumpkin Hunt was 100% a success
 - Free Food party was 100% a success
- **Eastview/Nittany (ENRA) - OPEN**
 - Nothing to report
- **North (NHAS) - Megan Mercurio** (mem6323@psu.edu)
 - Ohio State Tailgate was a success!
 - Having a bingo night mid November
 - Having an ice cream break night around finals
- **Pollock (PHRA) - Anila Anthony** (axa99@psu.edu)
 - Pumpkin Palooza was a success
 - 130 people attended
 - NYC trip
 - next PHRAday planning
- **South (SHRA) - Hannah Yost** (hby5050@psu.edu)
 - Agreed to do two Thanksgiving baskets
 - Pumpking painting event tonight at 8
 - Looking to do a diversity event in November
- **West (WHRA) - Cameron Francis** (cyf5173@psu.edu)
 - Hall-O-West was a success
 - All 100 pumpkins given away
 - WHRA council motioned to do 2 Thanksgiving baskets

Internal Committee Reports

- **Historian - OPEN**
 - Nothing to report
- **Homecoming - OPEN**
 - Nothing to report
- **Internal Policy (IPC) - David Carcamo** (djc5782@psu.edu)
 - Nothing to report
- **Public Relations - Amanda Klovekorn** (alk5617@psu.edu)
 - CAACURH takeover
 - October & November birthdays
- **Social - OPEN**
 - Nothing to report
- **THON - OPEN**
 - Nothing to report
- **Web Design - Akhil Dharmavaram** (afd5151@psu.edu)
 - Area presidents: please send me exec and arhs reps names and emails + area photo

External Committee Reports

- **Activities - OPEN**
 - Nothing to report
- **Recruitment - Amanda Klovekorn** (alk5617@psu.edu)
 - Ideas for next semester?
- **ARHS Cinemas - Matt Beyen** (mdb5548@psu.edu)
 - This weekend we will be playing Dunkirk and Girls Trip

- **Campus Safety & Security - Nick Mahon** (nam5557@psu.edu) & **Julia Bollinger** (jfb5368@psu.edu)
 - Working on event ideas
- **Diversity - OPEN**
 - Nothing to report
- **Housing and Food Services - OPEN**
 - Nothing to report
- **National Communications Coordinator (NCC) - Laekin O'Hara** (ljo5051@psu.edu)
 - CAACURH is Friday!!
 - All of our spirit is done and we just received our first spirit points!
 - This week there will be social media spirit challenges so we are going to try and stay on top of that and really gain those spirit points!
 - I'm emailing our roll call video to the DOR email so if we wanna show it!!
 - I am SO excited for conference and can't wait to share all of the amazing experiences and ideas we will gain from it!
- **Philanthropy - Stephen Dougherty** (sjd5597@psu.edu)
 - Nothing to report
- **Student Health & Wellness - Hannah Yost** (hby5050@psu.edu)
 - Thank you everyone that helped out at the breast cancer event!!
- **Sustainability - Nick Mahon** (nam5557@psu.edu)
 - Nick: For those who are on the executive board in 2 years, our contract in OCM runs out in next year. So I think we should push up for more than 15% of profit.
 - Nick: Also, Lisa Wandel didn't talk about McKinnons Cafe in the Library. Coming in 2020, it's a Starbucks!

Executive Officer Reports

- **President - Laura Daly** (lvd5265@psu.edu)
 - Submitted the requests for Thanksgiving baskets-make sure to complete them by Nov. 13th.
 - Halloween Events & Care Packages
 - Will be late next meeting- have a thing for class
 - Next weeks meeting will be in East!
 - Upward Bound
 - - John Hurst: Accelerates students who are first-gen college students or low-income. They stay at a college for 6 weeks in the summer time and accelerates them for classes they're going to take next year. 93% who attend make it to college. 89% graduate from college.
 - Informal vote on a table for this: 11-0-7
 - Laura: Please clean up after yourselves in the HUB Office
- **Vice President - Kayla Olowin** (kms7123@psu.edu)
 - Meeting with Lisa Wandel and UPUA
 - Next week's meeting plan (Private Dining Room in East, we'll provide directions)
 - Cultural Dinner
- **Director of Advocacy - OPEN**
 - Nothing to report
- **Director of Programming - OPEN**
 - Nothing to report
- **Director of Outreach - Kay Rinkers** (kgr5093@psu.edu)
 - Nothing to report
- **Director of Records - Brendan Maguire** (bfm5125@psu.edu)
 - Reminder - if you're missing the meeting please let me know beforehand
- **Director of Finance - Tucker Antico** (tja5251@psu.edu)
 - Account Balance: \$22,112.63
 - With OCM money (\$39,044.85) we will be at \$61,000 approximately

- We have about \$23,000 less at this point than last year, but are on track to spend way less than last year which was \$119,000 total
- Nathaniel: How much have we spent so far this year?
- Tucker: \$28,923.91
- Matt: With that in mind, I've seen in the past where that information has come to light and people are scared to spend, but don't be afraid to support and sponsor events that help us.
- Nick: Have we scheduled our semesterly audit yet? UPUA spends about \$140k a year. We're pretty on course for a RHA program so don't fret the spending.

Forum Break 7:57pm - 8:11pm

Open Discussion

- **Brian Shumaker, Type 1 Diabetes Event**

- Joe Cortez: I think the event idea is awesome. I think awareness events go unappreciated. But the quantity of shirts is where I have a question. Nathaniel, how many did you order for the Breast Cancer Awareness event?
- Nathaniel: 100, 25 of each size and handed out about 50.
- Laura: I would say, that weekend was a big weekend people went home.
- Nick: What day and time was the event?
- Nathaniel: Friday 12-3.
- Joe Cortez: Was this just in the hub you wanted the shirts?
- Brian: I was thinking 25 in each area. 100 total for each area. And then 70 for the hub itself.
- Nathaniel: The first thing we'd have to discuss is how many areas are doing this.
- Brian: That's why I wanted to make it a cap and spend what was needed.
- Brian: Tuesday, November, 6-8pm, or 7-9pm. Handing out bracelets, doing the quiz talked about earlier with plates, and t-shirts.
- Megan: I would do it on the earlier side because you're not going to get the dinner rush from 7-9.
- Laura: I would even do 5-7 if you could do 5-7.
- Laura: Have you talked to the commons about availability about getting these plates?
- Brian: I have not yet.
- Cameron: Not every area has to do it at the same time.
- Informal: What areas are doing this? (Pollock, West, North, South)
- 4 areas are going to table and staff the event as well as ARHS volunteers

- **John Hurst**

- John H: When reserving an event in the Residence Halls, please make sure it is 5 days in advance.
- Hannah: I'd like to add you have to reserve the tables above South as well, I wasn't under that impression.
- Also, the Breast Cancer Awareness event was pretty excellent. Having all the information, and the t-shirts and the UHS representative, and the people that helped out - it was great.
- Laekin O'Hara: Talking to UHS, they're very interested in partnering with us in the future. I think doing something in the HUB with them would be great. They would love our opinion on a lot of things and provide us information as long as we have the ideas and manpower to back them up. She expressed doing something like the Breast Cancer Event annually would be great as well. Monthly, bi-weekly, etc. We need to remember we have this university support here when it comes to advocating for things.

- **Cameron Francis: Are we having the dinner in East and then the meeting back here (in South?)**

- Laura: No, we are eating in East and then having the meeting in East as well. Both in the Private Dining Room.
- Matt Beyen: For those of us who don't have a meal plan, what do we do?

- Kayla: So ARHS can pay for everyone's meals. It wouldn't be able to be just those who don't have meal plans. It would be for everyone, but we would need to know the numbers by tomorrow. That's an option. But again, I'd have to know by tomorrow.
- Nick: Would it be for \$14 per person?
- Kayla: I don't know.
- Mark R: I would assume it would be. We've brought it guests where we pay the full price.
- Nick: The private dining commons isn't connected to the food, so you could go to the meeting after.
- **Nick: ENRA**
 - Nick: Where are we on ENRA?
 - Laura: We've brought it up multiple times in the past with advisors and Hannah, SHRA President. They've said to wait a little bit before we have a conversation about it.
 - Nick: What about recruitment? Have we found anyone interested in it? Have we tried?
 - Laekin: I've reached out to people and I know Amanda posts information about ENRA, and I think most ENRA people are upperclassmen who are already involved in things and want to be private. Obviously you can't make a general assumption on that. But if you're talking about ENRA not being represented, we'd also have to bring up White Course. Which would technically fall under West and it currently under their constitution it doesn't. I think we should have the discussion, but right now there is no easy way to do this.
 - Nick: Point of clarification. My point was to raise awareness about how there is an area where there is nobody in it. I was more angling at promoting this area.
 - Cameron: On the discussion of white course, I talked to the white course advisor, and he said they currently had their own counsel. I don't think we should worry about them. They don't receive care packages and had no interest in joining WHRA.
 - Laekin: I would just say it's a technicality. The only reason in the past it wasn't apart of us was because it was only graduate housing. Now there are undergrads.
 - Laura: Does white course fall under GPSA?
 - John Hurst: Part of it does. I don't believe the council there is registered or recognized by the University.
 - Laura: Would it be possible to reach out to George and see if we can send somebody to talk to them?
 - Cheyenne: What would be the possibility of lumping SHRA and ENRA together?
 - Laekin: I'm going to suggest we continue this discussion later.
 - Nick: We need to have a plan, we just discussed things for 20 minutes.
 - Laura: I'm going to be meeting with Hannah and John and discussing this with the executive board soon. We will come to you guys after that.

Old Business

New Business

- Nathaniel motions to pass a cap of \$2,000 for the Diabetes Event
 - Cameron seconds
 - No objections
 - Motion passes 12-0-1
- Laekin moves to open elections
 - Logan O'Hara seconds
 - No objections
 - Laekin O'Hara nominates Nathaniel Waksman for Activities Chair
 - Joe Cortez seconds
 - Nathaniel Waksman accepts the nomination
 - Nathaniel Waksman is elected Activities Chair
 - Cameron Francis motions to close elections

- Nathaniel seconds

Informal Discussion

- Cameron Francis motions to close the meeting
 - Joe Cortez seconds
 - No objections
 - Meeting adjourned 9:04pm

Budget Requests:

Organization: ARHS

Contact: Brian Shumaker (WHRA Rep)

- ASA Account Number
 - n/a
- What Kind of Support are you looking for?
 - Monetary
- Name of Event, Event Date/Time/Location
 - T1D Awareness Event
 - November 14, 2017
 - 1-2 Volunteers from ARHS from 10~4 in the HUB
 - Areas would host event from 6~?
- Describe The Event
 - To bring awareness to the disease known as Type 1 Diabetes. The idea is that there will be posters/trifolds up similar to the Domestic Violence Awareness Month event in October. This event will be in partnership with the College Diabetes Network (CDN). Rubber bracelets, already ordered, will be distributed to anyone passing by. T-shirts will be awarded based on people guessing the amount of carbohydrates in a sample plate from each of the commons and food from the HUB.
- History of Event
 - n/a
- How will this event benefit on campus students?
 - This will help to bring awareness to a disease that effects many on campus individuals throughout their daily lives.
- Have you applied for UPAC Funding?
 - No
- How much financial assistance are you requesting from ARHS?
 - Cap of \$2,000
- How will this funding be used?
 - 170 T-shirts for prizes
 - 30 T-shirts for volunteers
- Would you be willing to advertise ARHS as a sponsor?
 - Yes

